



Team Singapore CLAIRE TOH SHU MIN



Para-athlete falls, but gets up again to start new journey

Claire Toh, National Table Tennis Paralympic, was paralysed from the neck down after a bad fall from height in 2012. After surgery by **Dr Chua Soo Yong**, our Spine Consultant, she managed to regain some upper limb function.

"Compared to when I got first injured, I'm at a much better place now — much more independent, started studying again and now I'm playing sports and representing Singapore" — Claire Toh.